FAMILY RESOURCES GUIDE- QUICK REFERENCE

We hope that as your child develops and grows that your family is able to use some of these resources. At the same time, remember that your child is in many ways just like everyone else's infant/toddler and has the right to live, work, worship and play in the community with their brothers sisters and peers.

Statewide Agencies:

Advocacy:

- Disability Rights New Jersey, (800) 922-7233; www.drnj.org
- Statewide Parent Advocacy Network (SPAN, (800)654-SPAN; www.spanni.org
- Education Law Center; www.edlawcenter.org
- NJ Coalition for Inclusive Education, (732) 613-0400; www.njcie.net;
- Wrights Law, www.wrightslaw.com

Assistive Technology

- NJ Coalition for the Advancement of Assistive & Rehab Technology, http://www.njcart.org/
- Rehabilitation Technology Services and Technology Lending Center (CPNJ), (888) 322-1918
- Disability Resources for Assistive Technology, http://www.disabilityresources.org/AT.html
- Assistive Technology Center (Advancing Opportunities) http://www.assistivetechnologycenter.org/tlc/tlc.php
- Family Resource Connection, Inc., http://frainc.org/techconnection/

Child Care:

- NJ Inclusive Childcare Project, (800) 654-7726 x108; www.spannj.org/njiccp
- NJ Association of Childcare Resource and Referral Agencies, 732-947-8730; www.njaccrra.org

Disabilities:

- The Arc of New Jersey, (732) 246-2525; www.arcnj.org
- Council on Developmental Disabilities, (800) 216-1199; www.njddc.org
- Division on Developmental Disabilities, (800) 832-9173; www.state.nj.us/humanservices.ddd
- National Information Center for Children & Youth with Disabilities, (800)695-0285; www.nichcy.org

Early Intervention:

New Jersey Early Intervention System, (888) 653-4463; www.njeis.org

Education:

- NJ Dept. of Education, (609)292-4469; www.state.nj.us/education .
- NJ Dept of Early Childhood Education, 609-777-2074; www.nj.gov/education/ece
- Head Start Programs, www.state.nj.us/humanservices/oece/head_start.htm
- NJ Dept. of Special Education, (609)292-4469; www.nj.gov/education/specialed
- The Learning Resource Centers, (609)292-4469; www.nj.gov/education/lrc
- Individuals with Disabilities Education Act (IDEA) www.idea.ed.gov

Family Support:

- Family Support Center of NJ, (800) FSC-NJ10; www.fscnj.org
- NJ Self-Help Clearinghouse, (800) 367-6274; http://www.njgroups.org
- Exceptional Parent Resource Guide, (800) E-Parent; www.eparent.com
- Options Manual (800) FSC-NJ10; www.fscnj.org

Health Care:

- Community Health Law Project (888) 838-3180 Hotline, will then give you your local #; http://www.chlp.org
- Family Voices (Health Issues): (800)654-SPAN x110 www.familyvoices@spannj.org
- NJ Family Care (Health Coverage) (800)701-0710 www.njfamilycare.org

Parent to Parent Support:

- National Father's Network; www.fathersnetwork.org
- NJ Statewide Parent to Parent: (908)537-4673; email: parent2parent@spanni.org

Social Services:

- Women, Infant and Children (WIC) (800) 328-3838 www.state.nj.us/health/fhs/wic/index.shtml
- Division of Youth and Family Services (DYFS) 877-652-2873; www.state.nj.us/humanservices/dyfs
- Special Child Health Services (888) 653-4463
- Supplemental Security Disability Insurance (800) 772-1213; www.ssa.gov

Transition Resources:

- Boggs Center, (732) 235-9300; http://rwjms.umdnj.edu/boggscenter
- National Early Childhood Technical Assistance Center (NECTAC); www.nectac.org

The following is an informal listing of resources that have information about services and supports that many families may find useful. The NJEIS does not endorse any content, program, product or methodology found on any of the listed websites. All resources were accurate at the time of printing.

DISABILITY RELATED/SPECIFIC RESOURCES:

Autism:

- Autism NJ (800) 4-Autism <u>www.autismnj.org</u> (formerly COSAC)
- Autism Speaks (888)777-6227 <u>www.autismspeaks.org</u>
- Autism Society of America (800)328-8476 <u>www.autism-society.org</u>

Visual Impairment:

- Commission for the Blind and Visually Impaired (973)648-3333 (Central Office)
- National Federation of the Blind (410)659-9314 www.nfb.org
- American Foundation for the Blind (800)232-5463 www.afb.org

Cerebral Palsy:

United Cerebral Palsy Association of NJ, Inc. (800)322-1918 <u>www.cpofnj.org</u>

Hearing Impairment:

• Division of Deaf and Hard of Hearing (800)792-8339 www.state.nj.us/humanservices/ddhh

Down Syndrome:

- National Down Syndrome Society (NDSS) (800)221-4602 <u>www.ndss.org</u>
- National Down Syndrome Congress (NDSC) (800)232-NDSC <u>www.ndsccenter.org</u>
- The Arc of NJ (732)246-2525 <u>www.arcnj.org</u>
- The Judy Center for Down Syndrome (healthcare) (201)996-JUDY
- Down Syndrome Web Page <u>www.downsyndrome.com</u>

Fragile X:

- The National Fragile X Foundation (800)688-8765 <u>www.FragileX.org</u>
- The Fragile X Association of NJ <u>www.fragilex.org/htm/new_jersey.htm</u>

Spina Bifida:

• The Spina Bifida Resource Network (908)782-7475; www.thesbrn.org

Sibling Resources:

- The Sibling Support Project (206)297-6368 <u>www.siblingsupport.org</u>
- Parents and Agencies Supporting Siblings (PASS) (908)537-4673
- <u>Frequently Asked Questions Siblings Need to Know About their Brother or Sister with Special Needs</u>: For a copy, contact Mid-Jersey Cares REIC (732)937-5437

Transition Resources:

- Individuals with Disabilities Education Act (IDEA) <u>http://idea.ed.gov</u>
- Wrights Law <u>www.wrightslaw.com</u>
- National Early Childhood Technical Assistance Center (NECTAC) <u>www.nectac.org</u>
- Head Start Programs <u>www.state.nj.us/humanservices/oece/head_start.htm</u>
- NJEIS Transition to Preschool Handbook *Speak with a Service Coordinator*; see <u>www.njeis.org</u>
- "Special Needs Successful Inclusion: A Guide to Planning Community Activities for Children with Special Needs": To order, go to <u>www.cnjmchc.org</u>
- NECTAC: Transition <u>www.nectac.org/topics/transition/transition.asp</u>
- NECTAC: Inclusion <u>www.nectac.org/inclusion</u>

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